



# Spring / Summer

GOURMET MENU IDEAS





The Pickled Beet is proud to offer a one-of-a-kind menu of unique dishes and seasonal favorites to make your Spring and Summer events truly special.

Just like our weekly meals, our 5-star chefs can amend any menu item to accommodate *any* food allergies and dietary restrictions for every one of your guests. All you have to do is let us know!

We offer the option of in-home meal preparation by your very own private chef, or you may choose our drop-off service to have your gourmet meals hand-delivered right to your home or venue location. Your meal will be delivered the day before or morning of your event with easy heating instructions included.

We can't wait to help make your next seasonal event an exceptional culinary experience to remember!



# Breakfast

## **South American Breakfast Bowl**

Sweet Potato, Cumin Braised Black Beans, Uncured Applewood Smoked Bacon, Organic Eggs, with House Made Tomato Salsa & Fresh Cilantro, Cheddar & Avocado Garnish

**(GF)**

## **Very Veggie Breakfast Bowl**

Cauliflower Rice, Organic Eggs, Kale, and Mushrooms with House Made Tomato Salsa & Fresh Cilantro, Avocado Garnish

**(Veg) (GF) (DF)**

## **Crustless California Quiche**

Organic Eggs, Mushrooms, Spinach, Swiss Cheese, Fresh Herbs with Roasted Red Pepper Garnish

**(Veg) (GF)**

## **Tomato Basil Avocado Toast**

House-Made Herbed Focaccia, Smashed Avocado, Organic Tomatoes, Balsamic Drizzle

**(Vegan) (GF) (DF)**

## **Fresh Seasonal Fruit**

Served with Greek Yogurt, Toasted Almonds, Dried Gogi Berries & Honey Drizzle

**(Veg) (GF)**

## **Green Chia Pudding**

Dates, Spinach, Coconut Milk, Almond Milk, Chia Seeds, with Blueberry & Toasted Almond Garnish

**(Vegan) (GF) (DF)**







# Smoothies & Juices

## **Orange Creamsicle Smoothie**

Vegan Cream Cheese, Almond Milk, Protein Powder, Orange & Vanilla Extract

**(Vegan) (GF) (DF)**

## **Blueberry Vanilla Protein Smoothie**

Organic Blueberries, Coconut Milk, Protein Powder, Fresh Avocado & Vanilla Extract

**(Vegan) (GF) (DF)**

## **Pina Colada Protein Smoothie**

Organic Strawberries, Fresh Pineapple, Fresh Mango, Protein Powder, Organic Almond Milk Yogurt

**(Vegan) (GF) (DF)**

## **Radiant Glow Juice**

Organic Kale, Apple, Beets, Cucumber, Lemon & Fresh Ginger Root

**(Vegan) (GF) (DF)**

## **Drink Your Greens Juice**

Organic Lacinato Kale, Celery, Cucumber, Lemon & Fresh Ginger Root

**(Vegan) (GF) (DF)**







# Unique Boards

## **Everything Board**

Artisanal Cured Meats & Cheeses, Dips, Dried Fruits,  
House Made Pickled Vegetables, Various Chocolates, Nuts,  
Multi-Grain Crackers

**(GF)**

## **Greek Board**

Lemon Roasted Organic Chicken Skewers, Baby Artichoke  
Hearts, Assorted Olives, Feta Cheese, House Made Tzatziki,  
Roasted Beet Hummus & House Made Herbed Focaccia Bread

**(GF) (DF Option)**

## **Harvest Board**

Assorted Seasonal Fruits, Organic Crudité & Vegetables,  
Artisanal Cheeses, Assorted Olives, Roasted Beet Hummus &  
House Made Everything Crackers

**(Veg) (GF)**

## **Fruit Board**

Assorted Seasonal Fresh Fruit, Artisanal Cheese & Cinnamon  
Cream Cheese Fruit Dip

**(Veg) (GF)**





# Savory Snacks

## **Vaca Frita Tostones**

House Made Tostones Topped with Shredded Crispy Beef and  
Served with Creamy Garlic Aioli

**(GF) (DF)**

## **Deconstructed Focaccia Pizza Bites**

House Made Focaccia, Marinara Sauce, Mozzarella Cheese,  
Parmigiano Reggiano Cheese, Basil

**(Veg) (GF)**

## **Hearts of Palm "Crabless" Cakes**

Served with House Made Old Bay Aioli

**(Vegan) (GF) (DF)**

## **Broccoli Tots**

Served with House Made Lemon Aioli

**(Veg) (GF)**

## **Key West Shrimp Cocktail**

Fresh, Local Jumbo Shrimp Served with House Made  
Horseradish Cocktail Sauce & Lemon Wedges

**(Pescatarian) (GF) (DF)**





# Soups

## **Spicy Brazilian Shrimp & Fish Stew**

Wild Caught Key West Pink Shrimp with Local Wild Caught Mahi in a Spicy Coconut Broth Garnished with Spicy Cherry Pepper Sauce & Fresh Cilantro

**(Pescatarian) (GF) (DF)**

## **African Coconut Curry Stew**

Carrots, Chickpeas, Tomatoes, Butternut Squash, Onions, Bell Peppers, & Brown Rice in a Coconut Based Broth

**(Vegan) (GF) (DF)**

## **Cream of Tomato Soup**

Organic Italian San Marzano Tomatoes, Sherry, and a Splash of Cream

**(Veg) (GF)**







# Salads

## **Ultimate Chopped Salad**

Organic Romaine, Tomatoes, Hard Boiled Egg, Avocado, Bacon,  
Blue Cheese Crumbles, Aged Balsamic Vinaigrette  
(Add Chicken, Steak, or Salmon)

**(GF)**

## **Mexican Caesar Salad**

Organic Baby Kale, Romaine, Peel Drop Tomatoes,  
Cotija Cheese, Toasted Pepitas, Creamy Avocado Yogurt  
Caesar Dressing  
(Add Chicken, Steak or Salmon)

**(GF)**

## **Antipasto Salad**

Organic Romaine, Roasted Red Peppers, Marinated Artichoke  
Hearts, Cherry Tomatoes, Black Olives, Pepperoncini, Pickled  
Red Onion, Red Wine Vinaigrette  
(Add Chicken, Steak or Salmon)

**(GF) (DF)**







# Lunch & Dinner

## **Grass-Fed Filet Mignon with Marsala Caramelized Onions**

Served with Cheesy Scalloped Potatoes

**(GF)**

## **Asparagus & Asiago Chicken Roulade**

Served with Herbed Rice Pilaf

**(GF)**

## **Marinated Mushroom Bowl with Lentils & Wild Rice**

Served with Creamy Roasted Tomato Soup & House Made

Focaccia Garlic Toast

**(Vegan) (GF) (DF)**

## **Mojo Marinated Lechon Asado**

Served with Cuban Style Black Beans and Jasmine Rice

**(GF) (DF)**

## **Fresh Diver Scallops**

Served with a Lemony White Wine Sauce on a Bed of Orzo

with Spinach and an Arugula Salad with Lemon Parmesan

Dressing

**(GF)**



# Lunch & Dinner *cont.*

## **Mediterranean Turkey Burger**

Organic Ground Turkey Patty Served on a Toasted Bun with an Organic Baby Spinach, Red Onion, and Feta Cheese Salad and Aged Balsamic Vinaigrette

**(GF) (DF Option)**

## **Marinated Grass-Fed Skirt Steak Tacos**

Served with Grilled Onions, Bell Peppers, Avocado, Fresh Pico De Gallo, Flour Tortillas, and a Spicy Mexican Corn Salad

**(GF)**

## **Roasted Faroe Island Salmon & Grain Salad**

Served on a Bed of Cumin-Scented Quinoa and Black Rice with Toy Box Tomatoes, Arugula, Cucumbers, Avocado & a Lemony Citrusette

**(Pescatarian) (GF) (DF)**

## **Cuban Picadillo Con Papas**

Organic Grass-Fed Ground Beef with Pan Roasted Potatoes, Sautéed Onions, Bell Peppers, Tomatoes, Green Olives & Cuban Style Black Beans

**(GF) (DF)**

## **Garlic Curry Chicken Thighs with Yogurt Sauce**

Served Turmeric Rice with Roasted Brussels Sprouts

**(GF) (DF Option)**







# Decadent Desserts

## **Individual Molten Lava Chocolate Cake**

Served with Raspberry Coulis

**(GF)**

## **Whipped Pineapple Pie (Whole Pie)**

Light and Creamy Pineapple Filling in a Graham Cracker Crust

**(GF Option)**

## **Caramelized Cuban Flan**

Served with Seasonal Organic Berries

**(GF)**

## **Decadent Chocolate Brownies**

Your Choice of ½ Dozen or 1 Dozen

**(GF)**





# For Little Ones

## **Organic Parmesan Crusted Chicken Nuggets**

Served with Honey Mustard Dipping Sauce & Fresh Fruit

**(GF)**

## **Creamy Tomato Penne**

Served with Crudité and Ranch Dressing

**(Vegetarian) (GF Option) (DF Option)**

## **Ground Beef Tacos**

Served with Crispy Corn Shells, Cheddar Cheese, Diced Tomatoes, Shredded Lettuce & Black Beans

**(GF)**

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*Contact Us to Place Your Order*



**(305) 388-3536**



**[customerservice@thepickledbeet.com](mailto:customerservice@thepickledbeet.com)**

*Include the subject line "Catering"*